

LANGTRY'S SPA RETREAT



AT TORTWORTH COURT FOUR PILLARS HOTEL



PACKAGES

SPA DAY £160 (Off-Peak £150)

An ultimate indulgence of the senses, let us take you on a journey, its time... to spa. Be greeted on arrival with a friendly smile and given a tour of the hotel's fantastic facilities. Afterwards, you will have plenty of time to make the most of our heated pool, sauna, steam, and spa bath before your first treatment of Elemis exotics coconut rub and milk ritual wrap.

Day includes light lunch and refreshments. Why not start the afternoon with a walk in the hotel's stunning grounds prior to your next treatments of an aromatherapy back massage and Elemis advanced performance facial.

PAMPER DAY £140 (Off-Peak £130)

A day for unwinding and discovering yourself again, combining specially selected treatments allowing you to relax, be pampered and catered for in every way. Includes skin specific facial, full body massage, manicure or pedicure and eyebrow tidy, full use of spa facilities with a light lunch and refreshments.

TOP TO TOE DAY £120 (Off-Peak £110)

Ideal maintenance package including a range of treatments to leave you well groomed and suitably relaxed, combining the taster facial, back massage, manicure, pedicure and eyebrow shape with a light lunch and refreshments.

HALF DAY EXPERIENCE £70 (Off-Peak £65)

The perfect package with time to yourself to relax and unwind. Includes one treatment of your choice either the Elemis Taster Facial, Back and Shoulder Massage, Jessica Prescription Manicure or the Zen Spa Pedicure. Includes full use of spa facilities, light lunch and refreshments.

BRIDAL PACKAGE £115 (Off-Peak £110)

Pre-wedding - Make up consultation and trial, with eyebrow shape and aroma back and shoulder massage, manicure and file and polish toenails.
On the day - Make up.

GROOM PACKAGE £55 (Off-Peak £50)

Pre-wedding - Aroma back and shoulder massage with a gent's manicure and eyebrow tidy,

ELEMIS BODY THERAPIES

ABSOLUTE SPA RITUAL - 120 minutes £110 (Off-Peak £95)

This customised face and body treatment is the ultimate in skin therapy. Choose from one of the unique ELEMIS advanced anti-ageing or advanced performance facials, combined with the ELEMIS Deep Tissue Muscle massage to achieve dramatic results instantly.

ELEMIS FACE AND BODY SENSATION

60 minutes £72 (Off-Peak £62)

Pure body indulgence with exceptional anti-ageing facial results! A unique ELEMIS 'ice-cool thermal muscle massage' combined with an intensive anti-ageing booster facial that will smooth out your wrinkles and restore youthful radiance.

DEEP TISSUE MESSAGES

A beneficial massage of deeper tissue of the muscle to relieve tension and stress.

Full Body - 50 minutes £60 (Off-Peak £50)

Back and Shoulders - 20 minutes £40 (Off-Peak £35)

AROMATHERAPY MESSAGES

A deeply relaxing massage using essential oils.

Full Body and Scalp - 50 minutes £55 (Off-Peak £45)

Back and Shoulders - 20 minutes £36 (Off-Peak £32)

SWEDISH MESSAGES

Deep, stimulating massage using almond oil.

Full Body and Scalp - 50 minutes £45 (Off-Peak £40)

Back and Shoulders - 20 minutes £34 (Off-Peak £30)

PREGNANCY MESSAGE - 75 minutes £65 (Off-Peak £55)

Our therapy combines tried and tested safe pregnancy massage techniques using our unique beanbag to ensure the ultimate in comfort and relaxation. This is a full body, face and scalp massage.

AROMA STONE MESSAGE - 75 minutes £78 (Off-Peak £68)

Stones are placed on key energy points of the body. The deep penetrating heat from the stones is used to massage the body, easing pain and tension of aching muscles.

FENNEL CLEANSING CELLULITE AND COLON THERAPY

60 minutes £55 (Off-Peak £45)

Cellulite is associated with poor circulation, fluid retention and a congested digestive system. This treatment works at the deepest level to flush and cleanse all three systems. A cleansing body mask applied to hips and thighs, helps smooth appearance of cellulite, boost circulation and reduce fluid retention



ELEMIS EXOTICS

EXOTIC COCONUT RUB AND MILK RITUAL WRAP

50 minutes £57 (Off-Peak £47)

This opulent exotic wrap is excellent for skin smoothing and softening, all combined with a facial pressure point massage and de-stress scalp treatment to stimulate the senses.

EXOTIC LIME AND GINGER SALT GLOW

45 minutes £47 (Off-Peak £37)

An exotic exfoliation ritual to invigorate and revitalise the body. Elemis exotic lime and ginger salt glow deep cleanses, polishes and softens to perfection.



EXOTIC FRANGIPANI BODY NOURISH WRAP

50 minutes £57 (Off-Peak £47)

This nourishing body wrap drenches the skin with moisture for immediate softness and suppleness. Monoi oil is used in this wrap, providing the ultimate radiance, vitality and all over body glow.

STRAWBERRY HERBAL BACK CLEANSE

35 minutes £38 (Off-Peak £32)

Using cleansing eastern massage techniques this treatment acts as a facial for the back leaving skin radiant.

ELEMIS FACIALS

TASTER FACIAL - 20 minutes £35 (Off-Peak £30)

This introductory facial gives an instant pick-me-up for dull lifeless skin

TRI-ENZYME RESURFACING FACIAL - 50 minutes £75 (Off-Peak £65)

These advanced resurfacing techniques safely and effectively remove the thickening layer of the epidermis. Skin is left incredibly smooth and radiant bringing a new level of evenness and clarity to the complexion.

VISIBLE BRILLIANCE FACIAL - 65 minutes £73 (Off-Peak £63)

This anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin whilst reducing dark circles.

Moisturisation levels are proven to increase by up to 38% and elasticity by 28% after just one treatment. This treatment also includes a luxurious hand, arm and scalp massage for the ultimate in scientific skin therapy.

PRO-COLLAGEN QUARTZ LIFT FACIAL

65 minutes £75 (Off-Peak £65)

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 54% after just one treatment. Mineral quartz, re-energises cell communication, whilst algae and Red Coral optimise cellular respiration and regeneration for a firmer, uplifted, more youthful looking appearance.

OXYGEN SKIN CALM FACIAL (sensitive skin)

65 minutes £63 (Off-Peak £53)

Reduces redness and offers immediate comfort to stressed skin.

The treatment also includes a luxurious hand, arm and scalp massage for the ultimate in advanced skin therapy.

SOS SKIN PURIFYING FACIAL (oily, problem & congested skin)

65 minutes £63 (Off-Peak £53)

This purifying face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. This treatment also includes a luxurious hand, arm and scalp massage for the ultimate in advanced skin therapy.

SKIN SPECIFIC FACIAL - 50 minutes £54 (Off-Peak £44)

The perfect skin maintenance facial combining exceptional skin conditioning plant actives with unique eastern massage techniques to deeply cleanse the face whilst renewing radiance and treating the skin.

MODERN SKIN FACIAL - 50 minutes £65 (£55 Off-Peak)

Designed for the 20-something woman/man, whose challenging and unpredictable skin is reacting to the stress of modern living. Bursting with antioxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum. The results; a clearer, radiant and more balanced skin.



ALTERNATIVE THERAPIES

REFLEXOLOGY - 45 minutes £45 (Off-Peak £35)

Reflexology is pressure applied to the feet to stimulate areas that correspond with different parts of the body. Reflexology reduces stress, balances the body, induces deep relaxation and increases circulation.

INDIAN HEAD MASSAGE - 30 minutes £45 (Off-Peak £35)

An upper back, neck, scalp and shoulder massage that will induce calmness and peace, relieve tension and improve circulation.

HOPI EAR CANDLING - 60 minutes £45 (Off-Peak £35)

A relaxing and beneficial treatment to treat conditions and problems associated with the ear, nose and throat area, incorporating a relaxing scalp massage.

NAIL CARE

JESSICA PRESCRIPTION MANICURE - £30 (Off-Peak £25)

A manicure treating specific nail types. The nails are shaped, cuticles cared for and a colour is applied for the perfect finish.

JESSICA DELUXE MANICURE - £35 (Off-Peak £30)

The Prescription Manicure including heated mittens to deeply moisturise.

JESSICA FILE & POLISH - £18 (Off-Peak £15)

Nail shaping and application.

ZEN SPA PEDICURE - £34 (Off-Peak £28)

Holistic foot and nail treatment for every nail type, with a perfect polish finish.

ZEN SPA DELUXE PEDICURE - £38 (Off-Peak £32)

The Zen Spa Pedicure including heated booties to soothe and relax.

PRO-COLLAGEN HAND & NAIL TREATMENT - £28 (Off-Peak £24)

This anti-ageing treatment soothes dry and chapped hands and nails. It conditions and strengthens nails and targets age spots, leaving hands beautifully smooth and youthful looking.

Please note: There will be an additional £3.00 charge for French polish



MAINTENANCE TREATMENTS

WAXING

Warm wax is a temporary method of hair removal that will pluck hair from the follicle giving smooth results that will last between two to six weeks.

	Peak	Off-Peak
Half leg wax	£21	£16
Full leg wax	£27	£22
Full leg wax - inc bikini line	£34	£28
Bikini wax	£10	£8
High bikini	£15	£12
Hollywood/Brazilian	£27	£22
Underarm wax	£10	£8
Forearm wax	£12	£10
Lip or chin wax	£8	£6
Lip and chin wax	£10	£8
Back and shoulder wax	£27	£22
Chest wax	£22	£18
Eyebrow shape/wax	£9	£7
Eyelash tint	£16	£12
Eyebrow tint	£10	£8
Eyelash and eyebrow tint	£23	£18
Make-up application	£45	£35

Using high quality mineral based make-up, your therapist will achieve a radiant and flawless look that is complementary for each individual.

SPA ETIQUETTE

You may find yourself most comfortable in loose clothing when attending treatments, however there are no particular requirements.

Please remove jewellery when having treatments.

Please do not have any heat treatments before or after waxing, this includes sunbeds, sauna, steam, swimming and sunbathing.

Please bring open toed shoes to wear after a pedicure treatment.

If you have any medical conditions that you think may affect a treatment, please call prior to your treatment to discuss.

Please tell us immediately if your treatment did not reach your expectations.

BOOKING ADVICE AND GUIDELINES

Advanced bookings are essential

Prices detailed are 'Peak' and 'Off-Peak'.

Peak is Friday to Sunday inclusive. Off-Peak is Monday to Thursday inclusive.

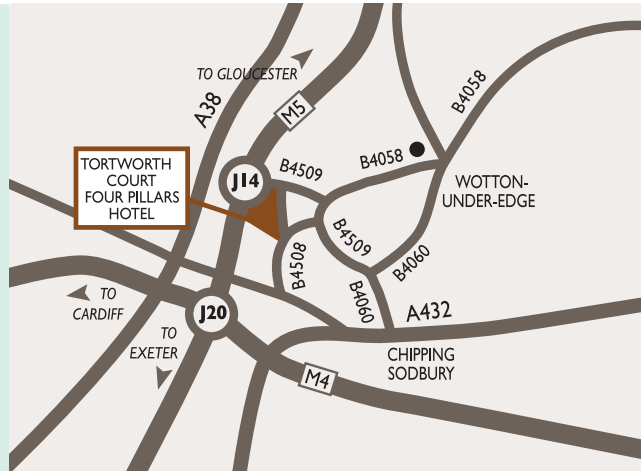
For your comfort we suggest you arrive at least ten minutes before the scheduled start of your treatment.

Regretfully, late arrival for your appointment will constitute a reduced treatment time.

A 50% cancellation charge will be incurred for any treatment(s) not cancelled at least 24 hours prior to the appointment.

Prices include VAT at the current rate and are subject to change without prior notice.

Booking times quoted include consultation, treatment and relaxation time.



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